

**MONTANA CHEMICAL DEPENDENCY CENTER
POLICY AND PROCEDURE MANUAL**

Policy Subject: Depo-Provera Injections	Supersedes 01/01/02
Policy Number: MNP 17	Standards/Statutes: ARM 37.27.130
Effective Date: 05/01/02	Page 1 of 2

PURPOSE:

To ensure appropriate medical protocols are followed when giving a female patient a Depo-Provera Injection.

POLICY:

Depo-Provera Contraceptive Injection is intended to prevent pregnancy. There are certain protocols that must be followed by the health care provider before giving a Depo-Provera injection. A patient receiving Depo-Provera must have a Pap test and general physical once a year to continue on the injections. Depo-Provera is supposed to be given every 12 weeks.

PROCEDURE:

If a female patient requests a Depo-Provera shot while in treatment at MCDC:

- I. The nurse needs to interview the patient and ask when patient had her last Depo-Provera shot, and when she had her last Pap test and general physical.
- II. If the patient states it has been longer than a year since her last pap and general physical, MCDC cannot give a Depo-Provera. If the last pap has been in the last year, the patient must sign a release of information to her community health care provider, and the nurse must get documentation of the last Pap test and date of the last Depo-Provera injection from her community health care provider.
- III. Depo-Provera is supposed to be given every 12 weeks. Depo-Provera can be given up to 3 weeks early or one week late. If the patient is 13 weeks and 1 day late, it is too late to give without certain follow-up first. If the patient has waited past 13 weeks since her last injection but has had a pap within the last year, we had have to confirm the patient is not pregnant before we can give an Depo-Provera injection. Thus, the patient has to have two negative pregnancy tests two weeks apart with no sexual activity in between before we can consider giving the shot.
 - A. If MCDC has all the appropriate information to give the Depo-Provera injection (a documented pap test and physical within the last year, documentation of date of the last Depo-

IV. Provera Injection being between 9 to 13 weeks ago or if it is past 13 weeks, confirmation that the patient is not pregnant with 2 pregnancy tests two weeks apart), the nurse needs to review this information with the physician. After the doctor has reviewed the information and has written an order for the medication, the nurse needs to go over the Depo-Provera Informed Consent with the patient and have the patient sign the consent prior to ordering the medication from Med Management.

V. After the patient signs the consent form, the nurse can order and administer the medication. Depo-Provera injection dose is 150 mg given intramuscularly in the buttock or upper arm.

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